

soups

Our soups are made right here on the dock from the freshest ingredients. Large soups are served with focaccia bread

Halibut Malu	sm 3 ⁷⁵
<i>local halibut simmered with onions, lentils, tomatos and a hint of curry, finished with cilantro and lime</i>	lg 5 ⁰⁰
12 oz. cup of Fisherman's Chowder	sm 5 ⁰⁰
<i>prepared with salmon, halibut, smoked salmon, scallops, shrimp, clams, oysters, cream</i>	lg 7 ⁰⁰

seafood meals

Served with hand cut french fries or green salad

West Coast Cod & Chips	1 pc 10 ⁰⁰
<i>fresh when available, local cod fried in our light crisp batter with homemade tartar sauce and coleslaw</i>	2 pcs 13 ⁰⁰
Halibut & Chips	1 pc 13 ⁰⁰
<i>fresh in season B.C. halibut fillet fried in a light crisp batter with tartar sauce and coleslaw</i>	2 pcs 18 ⁰⁰
Halibut & Prawn Fritters	3 pcs 9 ⁰⁰
<i>fresh in season halibut and prawn pieces mixed with cilantro, peppers, onions and seasonings, blended with batter and fried</i>	6 pcs 15 ⁰⁰

steamers

Shellfish gently steamed and served when just done, accompanied by focaccia bread

Baynes Sound Clams, Garlic Butter	11 ⁰⁰
Cortes Island Mussels, Garlic Butter	11 ⁰⁰
Red Thai Curried Mussels	12 ⁰⁰
Local Dungeness Crab	market price

We steam your crab to order right from our live tank. It takes about 30 minutes but it is worth the wait!

fish tacos

Soft corn tortilla, house smoked tomato salsa, shredded cabbage, citrus cream, fresh cilantro and lime

Salmon	1 pc 5 ⁰⁰	2 pcs 9 ⁰⁰
Pacific Cod	1 pc 5 ⁰⁰	2 pcs 9 ⁰⁰
Albacore Tuna	1 pc 6 ⁰⁰	2 pcs 11 ⁰⁰
Halibut	1 pc 7 ⁰⁰	2 pcs 12 ⁰⁰

..... Add green salad or french fries for 3⁰⁰

fishwiches

Our fishwiches are served on a freshly baked bun dressed with our own sandwich sauce, lettuce, tomato and pickles, just choose your fish:

BBQ Salmon Fillet	9 ⁰⁰
Grilled Albacore Tuna	10 ⁰⁰
Fanny Bay Oyster	10 ⁰⁰
Halibut	<i>fried or grilled</i> 11 ⁰⁰

..... Add green salad or french fries for 3⁰⁰

salads

A meal sized salad with or without grilled fish; focaccia bread

Green Salad	8 ⁰⁰
<i>organic greens with cucumbers, carrots, peppers, tomatos, roasted pumpkin seeds and pea shoots</i>	

Spinach Salad	10 ⁰⁰
<i>baby spinach leaves with cucumbers, carrots, peppers, tomatos, bacon bits, hard boiled egg and candied salmon</i>	

Choice of dressings:

toasted sesame, balsamic vinaigrette, buttermilk ranch, and olive oil with balsamic vinegar and lemon

..... Add to your salad:	Salmon Fillet	6 ⁰⁰
	Halibut Fillet	8 ⁰⁰
	Broiled Tuna Loin	8 ⁰⁰

oysters

We stock only the finest live oysters from B.C. waters

On the Half Shell

bed of ice, lemon and your choice of cocktail sauce, hot sauce, ginger mignonette, preserved lemon mignonette, cucumber and jalapeno mignonette or freshly grated horseradish

Premium Oysters:	1 pc 1 ⁷⁵	Superior Oysters:	1 pc 2 ⁰⁰
	1 doz 18 ⁰⁰		1 doz 20 ⁰⁰

"The life of man is of no greater importance to the universe than that of an oyster."
..... ~ David Hume (1711-1776) ~

Deep Fried Fanny Bay Oysters with Fries	3 pcs 9 ⁰⁰
<i>seasoned flour dredge, cocktail sauce</i>	6 pcs 14 ⁰⁰

"I prefer my oysters fried; that way I know my oysters died."
..... ~ Roy Blount, Jr. (1941) ~

"Buck a Shuck"

Join us every day after 3
for our \$1 feature oysters

smoked fish platter

Great as a meal or to share with friends

Smoked Tuna and Salmon	13 ⁰⁰
<i>generous portions of smoked fish served beside a small salad with half a toasted sesame bagel, cream cheese, crostini, thinly sliced red onion and capers</i>	

rice wraps

Still warm sushi rice, sesame seeds, peppers, and pea shoots all wrapped up tight in a large flour tortilla

Wild Salmon, Teriyaki Sauce	9 ⁰⁰
Albacore Tuna, Wasabi Aioli	10 ⁰⁰
Tiger Prawns, Spicy Peanut Sauce	10 ⁰⁰

..... Add green salad or french fries for 3⁰⁰

We are proud to be Vancouver Island's ONLY 100% Ocean Wise seafood store and restaurant



Ocean Wise
A Vancouver Aquarium Conservation Program

Ocean Wise is Canada's leading sustainable seafood program, created to help businesses and their customers make environmentally friendly seafood choices.